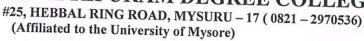
IN-HOUSE PROGRAM BY THE NSS 2020-21







Date: 18 -06-2020

Circular

This is to bring to your notice that the NSS Unit is going to celebrate international yoga day online. The faculty should come in casual attire and should bring yoga mat as well. Wear mask and maintain social distance while performing yoga.

Principal

Seshadripuram Degree College Mysuru NSS Program Coordinator

N S S UNIT (No. 046)
SESHADRIPURAM DEGREE CONTROL
HEBBAL, MYSURU-570 017







#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536) (Affiliated to the University of Mysore, College Code: 1082)

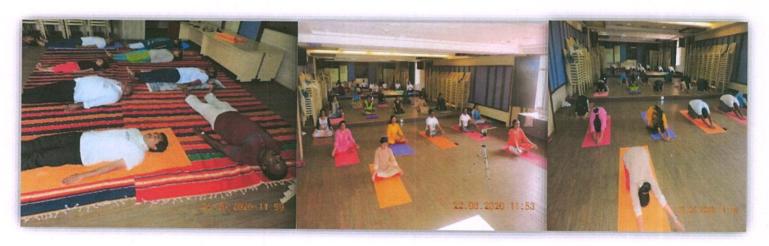
Date:23-06-2020

Glimpses of International Yoga Day

International Yoga Day is being celebrated to uphold the heritage of India



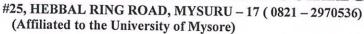
(Below) the faculty performing various postures of Yoga.



Principal
Seshadripuram Degree College
Mysuru









Date: 23 June 2020

INTERNATIONAL YOGA DAY

The Department of Physical Education in association with the National Service Scheme, UOM, Mysuru, under the initiative of IQAC, had organised and celebrated 'International Yoga Day' by live streaming it on YouTube on 22nd June2020, at 11:00 am. The students of the college were sent a link to participate in the live celebration of International Yoga day. Ms. Nikita of I B.com and Ms. Anusha Honnayya of IBCA, performed various asanas on live streaming of YouTube and the participants from their homes joined them in performing the various asanas. The teaching and non-teaching staff of both PU and Degree College, participated in the live celebrations of the yoga day. This was a unique celebration and experience for the students as they had to take part in it from their homes and could not make it to college, because of the testing times of covid-19. The technology was used in the celebration of international yoga day and it was a great success.

Principal
Principal
Seshadripuram Degree Con #

MYSURU HERE





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International Yoga Day

Date:23/06/2020

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Seshadripuram Degree Colleg Mysuru







#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore)

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PRINCIPAL

Principal
Seshadripuram Degree Collage
Mysuru





#25, HEBBAL RING ROAD, MYSURU - 17 (0821 - 2970536) (Affiliated to the University of Mysore)



Circular

Date: 11-01-2021

It is hereby informed that the NSS Unit National youth day is going to celebrated tomorrow to mark the 159th birth anniversary of Swami Vivekananda

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Seshadripuram Degree College

SESHADRIPURAM DEGREE COLLEGE HEBBAL, MYSURU-570 017



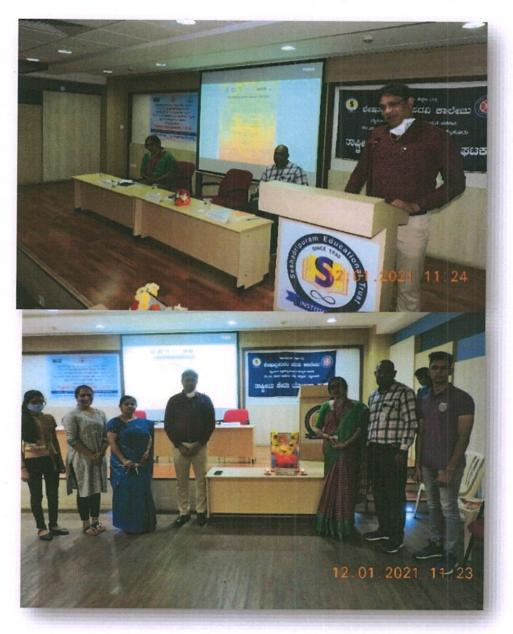


#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536) (Affiliated to the University of Mysore, College Code: 1082)

Date: 12-1-2021

NATIONAL YOUTH DAY

Dr. Mohammed, Coordinator District HIV Prevention Center, giving lecture on the ill-effects of AIDS







#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536) (Affiliated to the University of Mysore)



NATIONAL YOUTH DAY

Date: 12.1.2021

Swami Vivekananda Study Centre, Mysuru along with IQAC and NSS unit in association with District health and Family Welfare Office, Mysuru, Karnataka State AIDS Prevention Society, Bengaluru District AIDS Prevention and Control Unit Mysuru, had organized "NATIONAL YOUTH DAY" on 12.1.2021 at 11.00 AM.

The chief guest of the program, Dr. Mohammed Shiraz Ahamed, District AIDS Prevention and Control Unit, Mysuru, addressed the students and spoke about the importance of youth based on the ideals of Swami Vivekananda. According to him Mental and physical health of students in their youth plays a key role in building the nation. Further He suggested preventive methods in order to stay safe from HIV AIDS infections with a special reference to protect youths from the virus.

Later on a Special screening of the films from the intercollege short documentary films competition was arranged in order to motivate the students. Thereafter, the winners of the competition were given cash prizes by the guests.

Mrs. Saritha and Mr. Balram officers from District health and Family Welfare Office Mysuru, were present, Anusha S. assistant professor, Department of commerce welcomed the guests and Dr. Raghavendra R. NSS Programme officer gave vote of thanks. Mrs. Mruthula sojan IQAC co-ordinator. The teaching faculty members, non-teaching staff and students of SDC Mysuru witnessed the programme.

Principal

Principal Seshadripuram Degree Colleg Mysuru







#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore)

Date:12/01/2021

National Youth Day

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Mysuru





#25, HEBBAL RING ROAD, MYSURU - 17 (0821 - 2970536) (Affiliated to the University of Mysore)



Date: 4-2-2021

Circular

This is to bring to your notice that on account of Road safety week, the NSS unit in association with VV puram traffic police is going to organize a workshop on traffic rules and road accidents on 9 February 2021. All are requested to attend the same.

Seshadripuram

PROGRAMME OFF N S S UNIT (No. 046) SESHADRIPURAM DEGREE COMMON HEBBAL, MYSURU-570 017



#25, HEBBAL RING ROAD, MYSURU - 17 (0821 - 2970536) (Affiliated to the University of Mysore, College Code: 1082)

Date: 09-02-2021

Glimpses of Road safety week

VV Puram Traffic police officers giving lecture on traffic rules

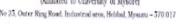


Invitation



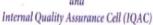
Seshadripurata Educational trust SESHADRIPURAM DEGREE COLLEGE

(Affiliated to University of Mysore)





National Service Scheme Unit, National Cadet Corps (13KAR Battalion) and







"ROAD SAFETY WEEK-2021"

Welcome to All

Tuesday, 9th February 2021

Time: 09:30 AM

Venue : Seminar Hall

Degree College

ಶೇಷಾದ್ರಿಪುರಂ ಕಾಲೇಜಿನಲಿ

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News report appeared in P A Kannada Daily





#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536) (Affiliated to the University of Mysore)



Date: 9-2-2021

HUPTH

NSS ROAD SAFETY WEEK: WORKSHOP HELD

The NSS unit in association with the VV puram Traffic Police held a workshop on traffic rules and ascending rate of road accidents on 9 February 2021. In this program, the students are informed of the penalty exacted when violating the rules. Officers from VV puram traffic station gave a comprehensive lecture on traffic rules and steps taken to abate the chance of road accidents.





#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore)

Road Safety Week

Date:09/02/2021

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Seshadripuram Degree College

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Seshadripuram Degree College Mysuru

MYSURU





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(Affiliated to the University of Mysore)

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#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore)

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PRINCIPAL

Principal
Seshadripuram Degree College
Mysuru



#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore)



Date: 25.01.2021

CIRCULAR

It is informed hereby that on account of the sarvodaya day the NSS unit of Seshadripuram Degree College is going to organize a voluntary blood donation camp on 30 January 2021.

Principal

Principal Seshadripuram Degree Collega Mysuru



NSS Program Officer
ROGRAMME OFFICER

N S S UNIT (No. 040)
SESHADRIPURAM DEGREE COMEGE
HEBBAL, MYSURU-570 017





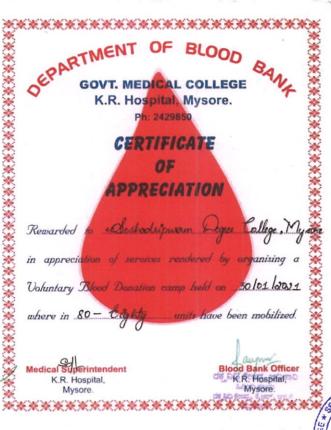
#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536) (Affiliated to the University of Mysore, College Code: 1082)

Date:30-01-2021

Glimpses of Voluntary Blood Donation Camp



Certificate of Appreciation



Principal Seshadripuram Degree College Mysuru





#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore, College Code: 1082)

News Report appeared in Kannada and English dailies

Gordonia

ಶೇಷಾದ್ರಿಪುರಂ ಕಾಲೇಜಿನಲ್ಲಿ ಸ್ವಯಂ ರಕ್ತದಾನ ಶಿಬಿರ

ಮೈಸೂರು: ರಾಷ್ಟ್ರಪ್ರತ ಮಹಾತ್ಮ ಗಾಂಧೀಜಿ ಹುತ್ತಾತ್ವರಾದ ದಿನದ ಅಂಗವಾಗಿ ಶೇಷಾದ್ರಿಪುರಂ ಪದವಿ ಕಾಲೇಜಿನ ಸಭಾಂಗಣದಲ್ಲಿ ನಡೆದ ಶಿಬಿರದಲ್ಲಿ ಕಾಲೇಜಿನ ಹಳೆಯ ಮತ್ತು ಹಾಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಮತ್ತು ಪೋಷಕರು ಸ್ವಯಂ ಪ್ರೇಠಿತವಾಗಿ ರಕದಾನ ಮಾಡಿದರು.

ಕಾಲೇಜಿನ ರಾಷ್ಟ್ರೀಯ ಸೇವಾ ಯೋಜನೆ ಘಟಕ ಹಾಗೂ ಯೂತ್ ರೆಡ್ಕ್ರಾಸ್ ಘಟಕ, ಕೆ.ಆರ್.ಆಸ್ಪತ್ರೆ ರಕ್ಷನಿಧಿ ಕೇಂದ್ರ, ಮೈಸೂರು ವೈದ್ಯಕೀಯ ಕಾಲೇಜು ಹಾಗೂ ಜಿಲ್ಲಾ ಎಡ್ಡ್ ತಡೆಗಟ್ಟುವಿಕೆ ಮತ್ತು ನಿಯಂತ್ರಣ ಘಟಕ ಸಹಯೋಗದಲ್ಲಿ ಆಯೋಜಿಸಿದ್ದ ಶಿಬಿರದಲ್ಲಿ 80ಕ್ಕೂ ಹೆಚ್ಚು ಯೂನಿಟ್ ರಕ್ಷ ಸಂಗ್ರಹವಾಯಿತು.

ಕೆ.ಆರ್.ಆಸ್ಪತ್ರೆ ರಕ್ಷನಿಧಿ ಕೇಂದ್ರದ ಅಧಿಕಾರಿ ಡಾ.ಕೆ. ಮಂಜುನಾಥ್ ಮಾತನಾಡಿದರು. ಇದೇ ಸಂದರ್ಭದಲ್ಲಿ ರಕ್ತದಾನ ಮಾಡಿದವರಿಗೆ ಕೆ.ಆರ್.ಆಸ್ಪತ್ರೆಯ ರಕ್ಷನಿಧಿಯ ವತಿಯಿಂದ ಪ್ರಮಾಣ ಪತ್ರಗಳನ್ನು ವಿತರಿಸಲಾಯಿತು. ಮೈವಿವಿಎನ್ಎಸ್ಎಸ್ಸ್ ಸಂಯೋಜಕಡಾ.ಎಂ.ಬಿ.ಸುರೇಶ್, ಕಾಲೇಜಿನ ಪ್ರಾಂಶುಪಾಲರಾದ ಪ್ರೊ.ಕೆ.ಸೌಮ್ಯ ಈರಪ್ಪ ಕಾರ್ಯಕ್ರಮಾಧಿಕಾರಿ ಡಾ.ಆರ್.ರಾಘವೇಂದ್ರ, ಕಾಲೇಜಿನ ರೆಡ್ಕ್ರಾಸ್ ಘಟಕದ ಸಂಯೋಜಕ ಎಂ.ವಿನಯ್ ಶಿಬಿರದಲ್ಲಿ ಪಾಲ್ಗೊಂಡಿದ್ದರು.



Main Edition
Jan 31 2021 Page No. 5
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Principal

Seshadripuram Degree College

Mysuru

Voluntary Blood Donation Camp marks Martyrs' Day

Mysuru, Feb. 2- Seshadripuram Degree College, NSS Unit and Youth Red Cross Unit in association with Blood Bank, K.R. Hospital, Mysuru and District AIDS Prevention Control Unit had organised a Voluntary Blood Donation Camp to commemorate the 'Martyrs Day' on Jan.30 in the College campus.

Dr. B.S. Manjunath, Blood Bank Officer, K.R. Hospital Blood Bank, who was the chief guest, emphasised the importance of blood donation, as there is an acute shortage of blood supply due to COVID pandemic situation in the world.

Stating that an individual can save three precious lives by donating blood, he gave a call for youngsters to come forward and donate blood regularly.

Dr. M.B. Suresh Coordinator.



NSS Unit, University of Mysore, who was the guest of honour, suggested the students to participate actively in such camps.

Totally 80 units of blood was collected by the students, staff, public and the alumni on the occasion.

Prof. K. Sowmya Erappa, Principal, Seshadripuram Degree College, Hebbal Ring Road, Mysuru, along with teaching faculty members, non-teaching staff and students were present at the programme, according to a press release.





#25, HEBBAL RING ROAD, MYSURU – 17 (0821 – 2970536)
(Affiliated to the University of Mysore)



Date: 30-1-202

Voluntary blood donation camp organized

The duty of the NSS unit embodies not only social activities but includes those activities related to health. Every mankind strives for his sustenance and healthy well-being. Health has become a prime concern for the NSS – social services apart. On this cause, it initiated a voluntary blood donation camp marking the seventy-third death anniversary of Mahatma Gandhi. This day is known by the name sarvodaya day (Martyrs' day). Dr. BS Manjunath, director, bloodbank, KR Hospital inaugurated the camp. The KR Hospital (Government medical college) Mysuru, associated with the NSS unit of Seshadripuram Degree College to actualize this event. In the end, eighty units of blood have been mobilized.

Outcomes of the program:

- The NSS unit was able to collect 80 Units of blood
- The volunteers understood the importance of servitude
- Of the Presumption that 80 units of blood would save many.

Principal Fincipal Seshadripuram Degree Collego Mysuru

