



Seshadripuram Educational Trust

Seshadripuram Degree College

(Affiliated to University of Mysore)

#25, Hebbal Ring Road, Mysuru

REPORT ON THE SESSION “WOMEN AND MICROBIOME”

To mark National Girl Child Day, the Internal Complaints Committee in association with IQAC and Women Empowerment Cell of Seshadripuram Degree College, Mysore had organised a session on “**Women and Microbiome**” on **24th January 2023** at 9.30 am in College Seminar Hall. Dr. Siddegowda G S, Asst Prof. Maharani’s Science College, Mysore and Prof Sowmya Erappa K, Principal, Seshadripuram Degree College, Mysore inaugurated the session.

Objectives of the Session:

1. To create an awareness about the Health and Hygiene.
2. To create an awareness about the major factors related to health and hygiene- agriculture, environment, food and status of health.

Highlights of the Session

1. Resource person spoke at length about Health and Hygiene and medical complications in connection with health and hygiene.
2. He also spoke about cardiac infections and one in every two individuals suffering from diabetes.
3. He highlighted the major factors related to health and hygiene- agriculture, environment, food and status of health.
4. He said, *"If agriculture goes wrong, nothing will go right"*.

The programme was witnessed by Mrs. Sandhya Achari and Mrs. Chaithra V, Co-ordinators, Women Empowerment Cell, Dr. Manjula V and Mr. Vinay Coordinators of Internal Complaints Committee, staff and students.

Outcome of the Session

Students gained the insights on health and hygiene. Students also gained the knowledge about medical complications in connection with health and hygiene. Students learned the major factors related to health and hygiene- agriculture, environment, food and status of health.

PRINCIPAL