

Sports Activity Report 2020-21

Event : State Level Fitness Challenge During Covid-19

DATE : 11th May 2020 To 17th May 2020

Number of Participants : 560



Seshadripuram Educational Trust
SESHADRIPURAM DEGREE COLLEGE
No. 25 & 26, Hebbal Outer Ring Road, Mysuru

In Association with
Department Of Physical Education, UOM, Mysore
&
National Service Scheme, UOM, Mysore

Organizing
FITNESS CHALLENGE DURING COVID-19 LOCKDOWN
From:- 11/05/2020 to 17/05/2020
Participants will get E- Certificate after the Completion of 7 days of Fitness Challenge

Dr. P. Krishnaiah
Director, Dept. of Physical Education
University of Mysore, Mysore

Dr. Chandrashekar B
NSS Co-ordinator
University of Mysore, Mysore

Sri. B. A. Anantharam
Chairman, Governing Council

Prof. Sowmya Erappa K.
Principal, SDC

Dr. Raghavendra
PED & NSS Officer

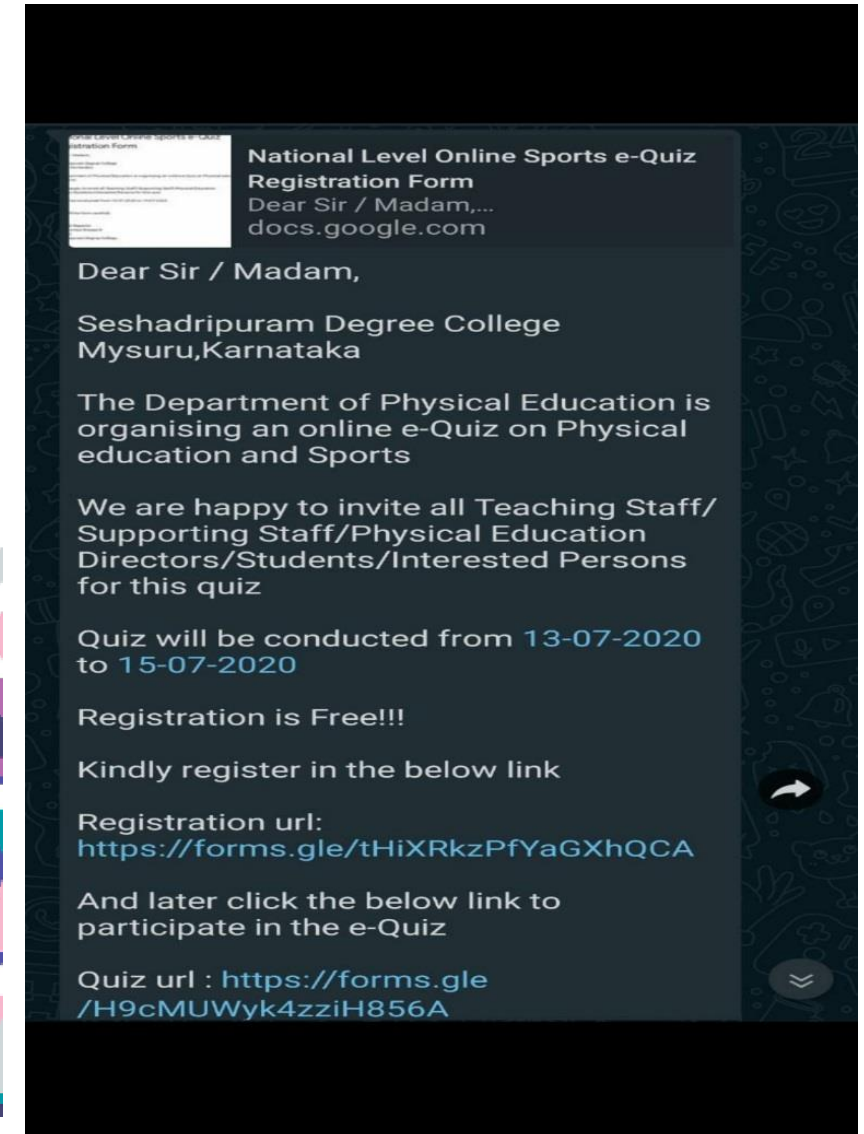
ALL ARE WELCOME
For More Details Contact :- Dr. Raghavendra - 9620557621



Event : National level Online e-Quiz Competition on Physical Education and sports

Participants : 1051 Across India

DATE : 13th July 2020 to 15th July 2020



Event : National Webinar on the occasion of National Sports Day

Topic : Sports and Yoga Healthy Living During Covid-19

DATE : 29th August 2020

Participants : 378 across India.

Resource Persons:

1. **Dr. C Venkatesh** Charmain, Department of Physical Education and Sports Science, University of Mysore, Mysuru.
2. **Dr. Suthakar**, Head, Department of Physical Education and Sports, Karpagam University, Coimbatore, TamilNadu.

